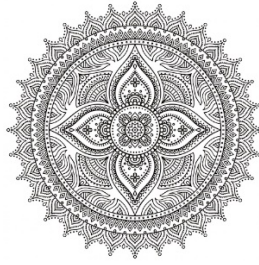


# Pura Vida Yoga



Welcome back to school! I am very excited about all the fun things that are planned for this term. Below is some basic information regarding the program.

At any time if you have any questions please feel free to reach out. I can be reached by phone text or email. [diondra@pvykids.com](mailto:diondra@pvykids.com) 561-504-2724.

## CLASS

- Mats and Props are provided. If your child has their own mat and would like to bring it, they are welcome to.
- Snack is provided during class. If your child has any allergies, please be sure to note it on the registration sheet or reach out me directly.
- Please have your children wear comfortable clothing on yoga days. It makes it easier for them to turn themselves into pretzels if they aren't worried about their dress flying up or shorts not being comfortable.
- If you have a child who is inquisitive about yoga but not sure if they want to do it long term, they are always welcome to come try a class. Please provide 1 weeks' notice so that I have enough mats and supplies.

## CLASS SCHEDULE:

- There are total of 10 sessions for the Fall Term
- Fall schedule runs from September 17- December 17<sup>th</sup>
- There will be no class on the below days  
October 1 & 8, & December 3

## PAYMENT

- Payment is due prior to the first class of the month. For parents who prefer to pay in full that is available as well.
- 2 Ways to Pay by Check or Venmo. <https://venmo.com/>
- Please make checks out to Diondra Miles and my Venmo account is listed under @diondra-miles
- Invoices are sent via email prior to the first of the month as a reminder.
- Finance assistance is available to those who qualify. Please contact me directly.

Lastly we had a great spring session last year and as some of you are aware I donate my profits from teaching to a charitable organization in Belize called SAGA <https://sagahumanesociety.org/> They are a private, nongovernment subsidized humane society on the island of Ambergris Caye that works to provide medical care and shelter for the many homeless and abused animals in the region. My family and I are headed down there in November to deliver our first check from the CMS yoga program, & I want to thank all the parents that helped to make that happen! I look forward to another great year with the kids & can't wait to see them all soon.

# Primary Yoga-Diondra Miles



Center Montessori School

After School Activities Fall 2019  
This Registration Form is for the following

**Primary:**  
**Tuesday \*Sept 17– Dec 17 \*3:30-4:30pm**

**\$15.00 per class**

Instructions:

1. Fill out the required registration information below
2. Submit completed form along with all appropriate payment(s) to the office. Please make checks payable to the appropriate instructor as indicated. Payment is due according to each instructor's individual payment arrangements. We will accept payments in the office, or if possible, please give directly to the activity instructor.  
Financial assistance is available from the instructor on a limited basis.

Student Name \_\_\_\_\_ Student's Class \_\_\_\_\_

Date of Birth \_\_\_\_\_

Previous experience, if any \_\_\_\_\_

Parent Name \_\_\_\_\_

Email address: \_\_\_\_\_

Phone Numbers (cell) \_\_\_\_\_

(work) \_\_\_\_\_ (home) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone Number \_\_\_\_\_

\_\_\_\_\_ (Please initial) I release Center Montessori School and all its staff, instructors, and agents of all liability due to injuries incurred by my child as a participant of the extracurricular activities for which I am registering my child.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_