



Nest Notes

March 5, 2021

Dear Center Nest Parents,

We have had a very nice, busy week. Whenever there is a change in a child's environment, we experience the child adjusting to this change.

With the addition of several new friends, we are testing and discovering that the ground rules are still the same. This brings comfort to the child when they know concretely what to expect. This is why we address the need for such consistency each day in our routines as well as with our safety rules.

We are revisiting our ground rules this week:

- We walk inside, we run outside
- Quiet voice in the classroom
- Mulch stays on the ground
- We go up the steps and down the slide, feet first
- We sit when we eat
- We watch with our eyes, we do not touch our friend's work
- We wait for our turn
- We can choose our work when the work is on the shelf

-We use the language "My work" to state to a friend who the work belongs to at the moment. Most of the work in our environment is one-person work. This allows the child to experience and gain respect of self and others, to practice self-discipline, and work to develop concentration, coordination, independence, and order. Some work will allow for the child to work with a friend and there are also times when we work collaboratively in a group.

As in school, all families need some type of routine to establish normalcy, a way to get things done and a sense of security. While change is a learning opportunity, it can be stressful for children. A normal routine brings comfort and consistency to a child's life, no matter what is going on.

While establishing and maintaining routine has a wealth of benefits, stay sensitivity to the needs of each child and open to flexibility, especially for holidays, vacations and special events, remember that spontaneity and creativity are important factors in a child's life.

Important News:

- Congratulations to The Alvarez Family on the arrival of their beautiful baby boy Noah!!! He was born on March 2nd!!!
- **Friday, March 12th: School-Wide Half Day Dismissal.**
- March 15th – 19th: Spring Break – No School.
- Monday, March 22nd: No School for Students, Teacher Work Day.
- Tuesday, March 23rd: Students Return to School.

Have a fun weekend!!!

Rosa and Ashley





Santiago is working on a matching activity.

