Dear Parents,

November 8th

We began our week adjusting to the time change! The children were hungry for snack a little earlier, and after lunch it was true that everyone was very tired and ready for nap. We have had a very good week getting acclimated. The time change usually takes a good two weeks for the children to fully adjust.

We, teachers and parents alike, are always modeling for our young friends. Currently, one focus is helping teach the children a sensitivity to cleanliness using our self care lessons. They are using a brush to care for their hair, tissues to clean their noses, wipes to clean their faces when dirty, as well as continually washing hands throughout the day and after using the bathroom. When we eat, we model food choices as we are promoting the growth of healthy bodies and brains. It is always amazing to me when a child loves to eat vegetables rather than carbohydrates. While they may like carbohydrates, we see that they do not always choose those first, but more as a compliment to what they are eating. So, we are also modeling a healthy diet for optimum brain development. We also continue to model with our language as the children are observing and listening to everything in their environments, home and school alike. Our Nest environment is the beginning of the first plane of development of children. This is the base on which they will continue to build during the second half of this plane and beyond. Thank you for your trust in us to model and teach these life skills alongside and in partnership with you.

This week with many congested noses, we have refrained from baking. As soon as we are all back to good health, we will resume our weekly baking. We are trying very hard to keep everyone well.

Ms. Alicia brought the maracas to the children this week during music. We are singing and dancing, marching, and hiding the sneaky snake as we have fun with our shakers!
We also spent much time this week watering and caring for our garden as we watch our garden grow. We have seen many butterflies come into our garden. The children chase them and they flutter above them, going to the tall red flowers in our garden to eat nectar from the flowers. We are speaking about what they eat and noticing that they like our milkweed plants; in fact, they will lay eggs and their baby caterpillars will come. We are looking forward to observing their lifecycle as the caterpillars arrive this spring.

We began working on our Grandparents Day presents! Please let me know if you have a family situation where you have more than two sets of grandparents. We would like each set of grandparents to receive a gift from their grandchild.

Our Art Festival is this Saturday! I hope to see everyone, as it is one of my favorite most delightful events. We will have lots of fun crafts and food for purchase such as cheese pizza, homemade hummus, and freshly prepared salad. I also hear the weather should be wonderful for us!!

Have a great weekend!!
Ms. Christine and Ms. Rosa

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Important Dates continued:

- Saturday, November 9th: 11am-1pm Art Festival (It’s a fun day! Please come!!)
- Monday, November 11th: Veterans Day, School Closed
- Tuesday, November 12th: Mayor Feed the Hungry Food Drive Begins
- Wednesday, November 20th: Portrait retake/make up day
- Friday, November 22nd: Grandparents and Special Friends Day
- Monday, November 25th - Friday, November 29th: Thanksgiving Break, No School
- Monday, December 2nd at 8:45am: Transition Meeting for parents with toddlers moving from our Nest to Primary Parents will be able to observe and ask questions.
Thank you to:
The Haspel Family for healthy snack the week of September 3rd
The Pallegar Family for healthy snack this week of September 9th
Coach Taylor for his addition of our small basketball hoop

Nest Notes Pictures

Gaining strength every day!

Learning to use a dust pan.

Music with Ms. Alicia

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