Friday, September 20th is recognized as International Peace Day and our students school-wide, including in the Primary community, celebrated it throughout the week. Each classroom teacher created activities to celebrate peace in various ways and added new lessons to our peace shelves. We practiced yoga possess, enjoyed books like The Peace Book by Todd Parr and added time to our daily meditation practice.

Children enjoyed making artwork with their classmates that later was displayed throughout school for everybody to enjoy. We had a discussion with our students and talked about the meaning of peace. We talked about the peace dove and emphasized the use of the Peace Rose as an instrument for problem solving and making peace after resolving a disagreement.

On Friday we gathered together outside for the school students to hear Mara share some beautiful words with us. The students loved it. The Primary students sang “Light a Candle for Peace” for the whole school. At 12p.m. the school bell rang and the school participated in a minute of silence in honor of peace, followed by short meditation session.

Children love to be interviewed; here are some of the children’s answers when we asked them, “What makes you feel peaceful?”
The Primary 1 Classroom had wonderful time learning about the different ways Peace manifests itself through Todd Parr’s book “The Peace Book.” Following the book’s example, here is what they said:

“Peace is making someone warm” - Lewis
“Peace is having a home” - Sarah
“Peace is being peaceful” - Amelia
“Peace is not hitting” - Arjun
“Peace is having fun” - Matias
“Peace is being helpful to somebody else” - Bradley
“Peace is calming down” - Skylar
“Peace is being quiet in your house and in your classroom” - Sawyer
“Peace is having fun” - River
“Peace is going home” - Lorenzo
“Peace is not running because you could fall, hurt your chin, go to the hospital and get stitches” - Matthew
“Peace is being really quiet” - Cameron
“Peace is a whale and a red fish” - Oliver
“Peace is don’t run because you will slip” - Theo
“Peace is being quiet in your bed” - Maverick
“Peace is going home” - Atlas

Thank You!
We appreciate Andeay’s family for offering a nutritious variety of snacks and a beautiful flower bouquet for the classroom this week.

Thank you to Theo’s family for gifting our classroom a set of beads for our beloved bead stringing work.

Pictured:
Amelia, Sarah, Lewis, Matias and Arjun holding their favorite book about peace.
Sarah and Amelia during a sitting meditation.
Bradley and Lorenzo lying down during a guided meditation.
Peace means ...

love to me. By Zoe
happy to me. By Ethan
love to me. By Vihan
quiet to me. By Gavin
love to me. By Miguel
peaceful to me. By Milan
really quiet to me. By Ethan
daddy and mommy to me. By Troyphym
being together with my sister to me. By Elle
quiet with my baby cousin to me. By Lily
everything is very quiet to me. By Olive
calm to me. By Madison
Quite to me. By Skyler
love to me. By Colton
mommy to me. By Suri
love to me. By Camilo
quiet to me. By Arya
As part of our celebration of International Peace Day, we interviewed our students and asked them: "What makes you feel peaceful?"

Ellie: "When I wake up and I hear the birds tweeting"
Toby: "When dolphins jumped in and out of the water"
Max: "When I play with mom and daddy outside"
Jayden: "When I play with my dad in the pool"
Lola: "When I play with my sister, mom and dad"
Ian: "When I see a whale and the whale blows water through the hole in his back"
Christos: "When I play in the pool and have a lots of toys to play with."

Yoga and Silence session.

Aurora is working is building concentration and practicing her writing skills by using the sand paper letters and tracing them on the sand box.

Lola and Cristos working peacefully using the mystery bags.

Ian is working with the Pink Tower and The Brown Stair, Max is quietly observing Ian’s work.

Jayden W. painting a part of our Peace poster.

Isabella is working on pushing Australia for our Peace poster.