

## FLORIDA SUNCOAST FOR THE NORTHERN BAHAMAS

### RELIEF SUPPLIES NEEDED

#### LIQUIDS – *please make sure they are un-opened and sealed*

- Water (Bottled, Gallon)
- Sport Drinks
- Sodas
- Shampoo
- Bug-Spray
- Sunscreen
- Chapstick
- Pull-Tab Can Good (Soup, Vegetables, Meat)
- Plastic Jar of Tomato Sauce
- Breakfast (pop tarts, granola bar)
- Individual Cereal Boxes

#### FOOD – *non-perishable item ONLY please and no chips – they get crushed!*

- Sealed items like Rice
- Canned goods
- Soups
- Crackers in the box
- Fruit Snacks
- Granola Bars
- Peanut Butter
- Fruit Cups
- Apple Sauce

#### INFANT & TODDLER

- Diapers
- Wipes
- Formula
- Creams
- Infant and Toddler Aspirin, Benadryl and Tylenol
- Baby Formula
- Baby Food – vacuum package only, no glass
- Clothes

#### CLOTHING – *all sizes*

- Underwear
- Bras
- Socks
- T-Shirts
- Shorts
- Pants
- Shoes
- Sandals

## **HYGIENE**

- Towels
- Wash Cloths
- Razor
- Shaving Cream
- Body Wash
- Bar Soap
- Shampoo
- Feminine Products
- Toothbrush
- Toothpaste
- Mouthwash
- Hand Sanitizer
- Hand Soap
- Deodorant

## **MEDICAL**

- Non-Prescription Drugs
- Band-Aids
- Medical Tape
- Ointments
- Disinfectant Spray
- Wipes
- Eye Drops
- Chapstick
- Sunscreen
- Bugspray

## **BEDDING**

- Blankets
- Sheets
- Pillows
- Sleeping Bags
- Cots

## **PAPER SUPPLIES**

- Plates
- Bowls
- Cups
- Paper Towels
- Toilet Paper
- Pre-Wrapped Flatware
- Plastic Bags (Storage, Gallon)

## **TOOLS**

- Hammers
- Nails
- Wood
- Cement

- Portable Generators
- Flashlights

#### **PET**

- Dry Food
- Canned Food