

COVID-19 Symptoms and Cases

The CDC recommended guidelines for the 2020/2021 school year include screening students upon entering the school. If a student or staff member has symptoms of any kind before or during the school day, a decision to send them home will be made based on which “Tier” they fall under (see below).

With two or more symptoms in the Tier 1 category, the student or staff member would be required to go home. In order to return please do the following **1) symptom free for 72 hours, 2) note from a doctor, or 3) receive a negative COVID test**

With one or two symptoms, decisions are made on a case-by-case basis (as other conditions such as asthma, allergies, and migraines have similar symptoms to COVID-19).

Armed with this knowledge, please keep your student home from school if he or she exhibits two or more symptoms from Tier 1 or any from Tier 2.

Tier 1

- Cough
- Fatigue
- Muscle or body aches
- Headache
- Sore throat

With any one of the following symptoms in Tier 2, staff and students will automatically be sent home from school.

Tier 2

- Fever greater than 99.4 degrees F
- Shortness of breath or difficulty breathing
- Chills
- New loss of taste or smell
- Nausea or Vomiting
- Diarrhea

Students who develop symptoms during the school day will be taken to a designated isolation room (or outside if weather permits). Parents will be notified, and the ill student must be picked within 30 minutes of notification. Please make sure your contact information is up-to-date with the office.

In order to return the following please do the following **1) symptom free for 72 hours, 2) note from a doctor or 3) receive a negative COVID test**

After an isolation room is used, we will clean it according to CDC requirements and guidelines.

For contact tracing and other exposures, we encourage you to notify CMS if you or your student test positive for COVID-19.

COVID-19 Cases

If there are confirmed cases of COVID-19 at CMS, the following measures will be taken. If you are a multi-school family and have knowledge of COVID exposure please notify the office for procedures and policies.

One Student with Confirmed Case

- Student will stay home until released from isolation (usually 10 days after symptom onset, 24+ hours fever-free, and improving symptoms).
- Their class/cohort will potentially stay home for a 14-day quarantine.
- Public health recommends testing of close contacts approximately seven days after exposure, or earlier if contact develops symptoms. The cost and logistics of testing are the responsibility of the individual, parent, or caregiver.

Considerations for Siblings. The siblings of children with COVID-19 will likely be considered close contacts because they often live in the same house as the person who has COVID-19. They will stay home for a 14-day quarantine. Public health may recommend siblings get tested for COVID-19 about 7 days after they were in contact with the sick sibling.

The siblings of people who are home for quarantine because they were exposed to COVID-19 do not need to stay home or be tested unless the sibling in quarantine develops symptoms or tests positive for COVID-19. Parents should closely monitor all of their children.

One Teacher/Staff Member with Confirmed Case

- Teacher/staff member will stay home until released from isolation (usually 10 days after symptom onset, 24+ hours fever-free, and improving symptoms).
- All close contacts (students, teachers, and staff) must quarantine for 14 days. Classroom/cohort must quarantine if the teacher has a confirmed case.
- Public health recommends testing of close contacts approximately seven days after exposure, or earlier if contact develops symptoms. The cost and logistics of testing are the responsibility of the individual, parent, or caregiver.

Criteria for Closures

Closing a Classroom: A single class/cohort could be closed when there is a student, teacher, or other staff member with a confirmed COVID-19 case in the class/cohort, because all members of the class/cohort will be quarantined for 14 days.

Closing the School. School will be closed at our discretion