



# Nest Notes

## Dear Parents,

This week was our first baking experience. Everyone was very excited to take turns mashing, stirring, and smelling. Our cookies were healthy and a huge success! The cookies are very easy to make and wonderful for your child to assist in the process. This recipe is easy to double or triple.

### Ingredients:

2 ripe bananas

1 cup of organic oats

2 tablespoons of raisins

Optional: 1 teaspoon of vanilla, 1/4 teaspoon cinnamon

### Directions:

Mash bananas, stir in oats, stir in raisins, add vanilla and cinnamon and stir. Scoop heaping balls of dough onto a cookie sheet lined with parchment paper. I used a cookie scoop. Bake at 350 degrees for 20 minutes. The cookies need to be dry on the outside and still moist on the inside. I watch my cookies as they cook so as to not overcook them. It is easy to make either big or small cookies, just adjust your cooking time.



## A new friend

We met and welcomed our new friend Eli to our classroom family this week! He will begin his first full week with us next week. Eli joins his brothers who are already students at CMS.

## Music

Ms. Alicia brought many instruments into our environment this week. It was a music session of free choice and experimentation. The children loved going back and forth between different choices and different sounds.

## Housekeeping

We do have a housekeeping item: Please check your child's nails for trimming. If you can run your hand over your child's hand and feel the nail, they may need to be trimmed. Children never scratch a friend on purpose. This usually happens when there is a conflict and hand/hands may be involved, then long nails naturally scratch inadvertently. We are always looking to be proactive limiting boo boos. Thank you for this continued maintenance.



## Nest Notes cont...

### Important Dates:

- ◆ Thursday, October 10th will be our first Parent Night Out! I am looking forward to sharing time with you and awesome food! Thank you to Jessica for organizing this event for us.
- ◆ Monday, October 14th is our official Parent/Teacher Conference Day. I have emailed a sign up using the Sign Up Genius. Please let me know if you have any questions. I will be touching base at the beginning of next week for conference sign up confirmations and scheduling.
- ◆ There will be a Words in Color Reading Demonstration on Thursday, October 17th from 6:00-7:00pm, led by E1 Teacher Rachel Reid. This is the curriculum we use for reading. This will give you an in depth look at how your child will learn to read here at CMS and how with a greater understanding of the process, you can support your child.
- ◆ October 31st is Halloween. We have a very big tradition of a school-wide Halloween Parade beginning with our middle school, and including children all the way to our Primary environments. We in the Nest do not participate as the children are very young and are very apprehensive of the costumes. We will have a normal day. Some children may want to dress up as they will have siblings dressing up for the Parade. This is fine, they may come in costume. We will change them into regular clothes before we have our morning snack to keep costumes fresh for your evening. There will be a Parent Coffee from 8:30am-9am. Please feel free to hang out, enjoy time with the other parents, and see what your child will be doing in the very near future.

### Volunteer Opportunities:

With our fall holiday of Halloween, we will be making some festive crafts. Please let me know if you would like to help with craft preparation this week. This is something you may prep at home.

Saturday, November 9th will be our annual Art Festival from 11am-1pm. This is a day of much fun for children and parents. We have many crafts for the children to do independently and with help. There will be food served for lunch, a selection of pizza, fresh salad, and home-made hummus. There will be a bake sale for goodies. There will be tickets sold for craft booths and a cash lunch.

We will be in need of volunteers for our art booth. We make our annual turkey tabletop decorations. They are easy, beautiful, and delightful! Please let me know if you would like to help! Our volunteer time will be from 10:45am to 1:15pm. If we have several volunteers we can split the shift in half.

Grandparents Day will be coming up on November 22nd. We will be making two sets of a special gift for grandparents, one for each set of grandparents. If you have more than two sets of grandparents, please let me know as we want to include all grandparents in this gift.

The children will be painting special frames. We will need volunteers to work with the children one on one. We will be taking special pictures for our grandparents to insert for their gift.

We welcome our volunteers any weekday mornings.

Enjoy your weekend!

Ms. Christine and Ms. Rosa



## Nest Notes Pictures



Observing life  
on our  
playground.



Making cookies



Music

*Thank you to: The Burgesss family for healthy snack the week of Sept. 23rd.  
The Gomez family for healthy snack this week.*